DESIGN GUIDELINE 5.8
PERSONAL ROOMS

Scope

For Michigan Medicine projects refer to Design Guideline 5.8.1 MM Lactation Rooms.

During the programming phase for each new building or major renovation project, assess the need for personal rooms for lactation, health needs, and other special personal uses requiring privacy.

Consider the following:

- Projected staff, faculty, and student needs.
- Proximity and suitability of existing accommodations in adjacent buildings.
- If a single room is designated to meet multiple needs (lactation, health, private phone calls, etc.) consider compatibility of proposed uses.

Personal rooms are strongly encouraged in each building. If included in the project, locate personal rooms in a space that is not a restroom and is accessible to all building occupants. Space can be shared with other compatible program elements. Review access provisions and security requirements with Design Manager.

Related Sections

U-M Design Guideline Section

6.0 DG 101400 Signage

Minimum Requirements for Personal Rooms

- Room size: Size room to accommodate a comfortable chair and table. Alternatively, provide a shelf, minimum 12" deep, in lieu of the table.
  - Provide maneuvering space within room to meet accessibility requirements.
  - If multiple rooms are provided in an area, 50% must be accessible.
- Door that can be locked from the inside with occupancy indicator on corridor side. In collaboration with the Design Manager and user, review the specific operation of the lockset, including consideration if it should revert to locked or unlocked state if the latch is retracted. If room contains windows, provide blinds, shades or other accommodations to prevent views into the room.
- Room and furniture finishes
  - Hard surface flooring
  - Furniture with cleanable surfaces and upholstery.
- Electrical outlets coordinated with furniture layout for easy access. Consider reach ranges for barrier free compliance and user convenience.
- WiFi coverage
- User adjustable temperature control (68F - 74F)

- Access to a barrier free sink. If a sink is not provided in the room, locate room near an accessible restroom or kitchenette.
- Signage: Permanent room identification signage with University standard pictogram. Consider including clear acrylic area for paper schedule insert.

Desirable Features

Review the following additional amenities with the Design Manager:

- Sink within room.
- Acoustical separation from adjacent rooms – STC 45 recommended.
- Additional electrical outlets and space to accommodate the following Owner provided equipment:
    - Small refrigerator
    - Microwave for sterilizing equipment
    - Hospital grade electric breast pump.
- Electronic access control - keypad stand-alone battery-operated unit or card reader connected to central access control system.
- Electronic room scheduling unit